## **School Counselor Update and Availability**

During these ever-changing and unprecedented times, please remember that your son/daughter's School Counselor continues to be committed to supporting the varying needs of Wyomissing Area students and their families. Across grade levels and in a manner that is both age and grade appropriate, we will continue to deliver components of the existing Counseling Department Curriculum, which includes a combination of social-emotional, personal, and career development, as well as adapt and extend the current curriculum to meet the current needs of students and families. In addition, we remain available to consult with students and parents who are in need of additional support and services during this time. The social-emotional well-being and personal development of students remains a top priority.

Counselors are checking e-mail and phone communications regularly and have the same availability as teachers in the counselor's respective school building. The quickest method of reaching a counselor is via e-mail. Additionally, Mrs. Theresa LaScala, School Social Worker, remains a resource to families in assisting with access to community resources or in accessing emotional and behavioral health supports. However, if you believe that you or your son/daughter is experiencing a mental health or drug and alcohol crisis, please contact SAM crisis (1-877-236-4600 or 610-236-0530), dial 911 or go to the local hospital emergency room. Keeping your son/daughter's school counselor informed is appreciated, however, a crisis situation needs immediate attention by first contacting one of the resources listed above.

Please do not hesitate to reach out to your son/daughter's school counselor or Mrs. LaScala if needed. We look forward to a return to the school building and ability to work face-to-face with students and parents. Until then, stay safe and stay well.

Sincerely,

The Wyomissing Area School Counseling Department

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